

Newsletter

August 2013

Hickling Windsurfing Club



www.hicklingbroad.co.uk

Fun day 14 September The greatest sporting event of the year?

Last year's fun day was loosely based on the Olympics and arguably more successful than the main event itself despite a budget of just £107. Andy Murray's success at Wimbledon this year was probably the greatest UK sporting achievement of the year. We have therefore



decided to adopt a Wimbledon twist to our windsurfing fun day which of course is expected to put the London event in the shade. Fun for all levels.

There will be free food, drinks, prizes (singles, doubles, fastest serve, best tennis outfit *[optional]*, etc.)

Be there from 10 AM for an 11 AM start on the water. We to hope you can join us.

Come and Try Day-June 2013

The weather has been really odd this year and The C&T day was no exception. Anyone who was driving through the ice and water in Norwich earlier that morning would have thought it was December.



It's quite amazing that budding windsurfers made the trip to Hickling and took to the water in 20 + mph winds for their first sail. Very satisfying to see everyone doing so well, and in particular the children for showing so much gusto (our future windsurfers?) – wow well done guys.

The operation ran like clock work with cakes,

tea/coffee, booking systems, changing tents, pontoons and support staff all being in the right place at the right time to put on a show to be proud of. Many thanks to all those who helped make this a success. Well done team. Apologies to those members that turned up for a sail. We realise there was a gap in our communications this year and thank you for bearing with us on the day.

Club loan equipment

We do have a great range of club starter equipment that is very popular with new members and learners. This needs to last us for several more years before being replaced. We would therefore request users to be careful when rigging and to return the equipment sand free. Sand jams the components, wears away the surface of the board and sail, so it's important equipment is clean on return.

Top tips:

- Rig and de-rig on the grass.
- After use, remove sand from the board and sail by washing in the water and moving directly to the grass.
- If in doubt ask others for advice.
- Remember to lock up.



Pic: The kit has been returned in a bit of a state recently.

Weed fins

Nature has contrived to grow a lot of weed in the Broad this year, and a single strand wrapped round a fin almost always prevents planing. Very frustrating!



Weed fins continued...

A good solution is to buy a weed fin which is swept back compared with a standard fin and sheds weed. The downside is size for size they produce less "lift" (inhibits early planing) and have less "grip" i.e. less lateral resistance to your back foot, which can cause spin out. However it's a good solution, eliminating the need to drop into the water frequently to clean the fin. Have a Google for more info or ask someone who is using one!

The voice

We are lucky to have an excellent bunch of members on the committee with a range of critical skills, together with a tremendous amount of enthusiasm and dedication.



However, member's views and feedback are very welcome. Perhaps there is something that we could be doing better, differently, or something new that we haven't thought of. Your comments should be directed to the chairman or any committee member who will represent your views and report back to you.

We would love to hear from you.

Keeping warm and toasty when the temperate drops



Yep, we know it's only just got warm and windy, but October is just round the corner. Those new to the sport should think about extending their sailing year with a "winter wetsuit" (5mm thick in the body and 3-4 mm in arms and legs) and a cost effective addition to

any wetsuit is a thermal rash vest, worn underneath. Basically a fleece-like garment which provides another layer. So, plan ahead, keep sailing and keep your skills developing as the autumn progresses.

Beijing to Paris Car Rally

We congratulate Peter Coates (our treasurer) on successfully completing this rally in car 56, a 1970 Volvo 144. Click [here](#) for more details and some fantastic photos. Good to see you got back OK Peter, (especially as you look after our funds :-).

Peter has also moved closer to Hickling so we hope to see him down at the broad soon for a mardle and catch up on his adventures.

Speed and records

Ever since windsurfing began in 1964 windsurfers have always tried to go as fast as possible! Hickling members are no exception and can reach speeds around 30 knots. This is quite remarkable considering that in 1985 the world speed record was just 32.3 knots. (For the technically minded 1 knot = 1.15 mph)

The current men's world record, held by Antoine Albeau, is 52.0 knots (60mph!).

The ladies world record, held by Zara Davies (UK), is 45.8 knots (53mph).

Check out how fast these guys are travelling...

For Antoine:

<http://www.youtube.com/watch?v=t15LZ1Er-a8>



For Zara:

<http://www.bbc.co.uk/news/uk-20746490>

Other records:

- Longest time spent on a board 71 hours 30 mins
- Longest journey on a board 8,120 kilometres (equivalent of Peking to Paris!)
- Highest jump? No official record but general agreement that it is about 18 metres
- Longest board 18 metres!, designed for nine windsurfers with individual sails. Would be perfect for the fun day team events.



Reads' aloc acoc' on the other tack , which doesn't sound quite as refreshing :-)

News Editor: Martin Harwood, with submissions from Philip Peaston and Dave Black. *Thanks guys!*